

LEAD 101R: LEADERSHIP COURSE

PREVIOUS TRAINING OR EXPERIENCE RECOMMENDED.

DATES

May 1–9, May 15–23, September 11–19, 2010

PRICE

\$1550 CAD (+ \$115 CAD for 4 nights shared accommodation)
+ GST.

COURSE GOAL

Although designed for professional guides, this course is also appropriate for intermediate paddlers who want the full-on, start-to-finish adventure kayaking course with a focus on leadership. In order to lead others safely, you have to be a competent paddler, so we work on hard paddling skills such as strokes, rescues, paddling in tidal currents, surf zones skills, and navigation technique. We also work on soft skills such as risk management, keeping a group together, and decision-making. Students may be eligible for ACSKG or SKGABC Assistant Guide certification upon completion of the course.

ITINERARY

You'll spend the first three days perfecting your kayaking technique: navigation, seamanship, leadership techniques, basic and intermediate strokes, playing in tidal rapids, and surf zone skills. The first four nights you'll stay in Tofino, at the Whalers on the Point Guest House. You will do your own meals in town. We provide all meals on the out-trip.

We'll then embark on a 6-day trip into Clayoquot Sound. The trip will allow time to practice and finesse navigation and seamanship skills. You will be paired up for a day with another participant. Each team will assume all the responsibilities of group leaders for one day—from planning the itinerary, to navigating, to cooking meals.

COURSE OBJECTIVES

You will learn:

- a philosophy of safety that emphasizes **seamanship, judgement**, and personal responsibility.
- a philosophy of **leadership** that emphasizes client care and incident prevention.
- techniques for **keeping a group together on the water**.
- kayak **strokes** including edging, turning, draws, and bracing.
- **paddling in tidal currents**, including ferry glides and eddy turns.
- **surf zone skills** including side-surfing, launching and landing.
- assisted and solo **re-entry procedures** including paddle float rescue, assisted re-entry, and the sling rescue.
- towing techniques
- **navigational skills** specific to coastal travel, including chart-reading, use of tide tables, interpreting marine weather forecasts, and route-finding while underway.
- how to use a **compass**, and to navigate in fog.
- Leave No Trace ethics and **camping techniques** including site selection, camp set-up, waste disposal, and wildlife etiquette.
- **camp cookery**.
- natural and cultural history **interpretation**.

REGISTER EARLY TO AVOID DISAPPOINTMENT!
CALL 1-877-422-9453